# LECTURE 4: McDiarmid's Inequality & Applications

This lecture introduces McDiarmid's Inequality, a powerful concentration inequality that bounds the deviation of a function of many independent random variables from its expected value. Concentration inequalities provide guarantees on how much a random variable can deviate from its expectation. McDiarmid's inequality is particularly useful because it applies to general functions, as long as they satisfy a stability condition known as the bounded difference property. It is a generalization of Hoeffding's inequality. Before delving into McDiarmid's Inequality, let us define Conditional Expectation.

**Conditional Expectation.** Let  $\mathbb{E}_i[\cdot]$  denote the expectation conditioned on  $X_{1:i}$ . For any measurable function  $h: \mathcal{X}^n \to \mathbb{R}$ , we have

$$\mathbb{E}_{i}[h(X_{1:n})] = \mathbb{E}[h(X_{1:n}) \mid X_{1:i}] = \int_{\mathcal{X}_{i+1:n}} h(x_{1:n}) \, p(x_{i+1:n} \mid x_{1:i}) \, dx_{i+1:n},$$

where  $p(x_{i+1:n} \mid x_{1:i})$  is the conditional density of  $X_{i+1:n}$  given  $X_{1:i}$ .

**Property** (Law of Total Expectation). For any random variables X and Y, we have

$$\mathbb{E}_{X,Y}[h(X,Y)] \ = \ \mathbb{E}_X[\,\mathbb{E}_Y[h(X,Y)\mid X]\,]\,.$$

*Proof.* By the definition of conditional expectation

$$\mathbb{E}_{Y}[h(X,Y)|X] = \int_{y \in \mathcal{Y}} h(X,Y=y)p(Y=y|X)dy$$
$$= \int_{y \in \mathcal{Y}} h(X,Y=y)\frac{p(X,Y=y)}{p(X)}dy$$

Thus,

$$\begin{split} \mathbb{E}_{X}\left[\mathbb{E}_{Y}[h(X,Y)|X]\right] &= \int_{x \in \mathcal{X}} \int_{y \in \mathcal{Y}} h(X=x,Y=y) \frac{p(X=x,Y=y)}{p(X=x)} p(X=x) dy dx \\ &= \int_{x \in \mathcal{X}, y \in \mathcal{Y}} h(X=x,Y=y) p(X=x,Y=y) dy dx \\ &= \mathbb{E}_{X,Y}[h(X,Y)] \; . \end{split}$$

Now let's state the MdDiarmid's Inequality.

**Theorem 1** (McDiarmid's Inequality). Let  $X_1, ..., X_n$  be independent random variables, with  $X_i \in \mathcal{X}_i$ . Let  $f: \mathcal{X}_1 \times \cdots \times \mathcal{X}_n \to \mathbb{R}$  be a function such that for every i = 1, ..., n, it satisfies the bounded difference property:

$$\sup_{x_1,\ldots,x_n,x_i'} |f(x_1,\ldots,x_n) - f(x_1,\ldots,x_{i-1},x_i',x_{i+1},\ldots,x_n)| \le c_i$$

Then for any  $\epsilon > 0$ ,

$$\mathbb{P}(f(X_1,\ldots,X_n)-\mathbb{E}[f(X_1,\ldots,X_n)]\geq \epsilon)\leq \exp\left(-\frac{2\epsilon^2}{\sum_{i=1}^n c_i^2}\right)$$

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The core idea is that if changing one of the input variables  $X_i$  does not change the value of the function f by too much (at most by  $c_i$ ), then the function's value will be concentrated around its mean.

*Proof.* The proof proceeds by constructing a martingale difference sequence and applying Hoeffding's Lemma. This technique, often called the method of bounded differences, breaks down the total deviation of the function into a sum of smaller, more manageable terms.

## **Step 1: Defining the Martingale Sequence**

Let  $g_i(x_1,...,x_i) = \mathbb{E}[f(X_1,...,X_n)|X_1 = x_1,...,X_i = x_i]$ . This is a function of the first i variables that represents the expected value of f after revealing the first i random variables. The sequence  $g_0, g_1(X_1), g_2(X_{1:2}),...,g_n(X_{1:n})$  forms a special type of stochastic process known as a Doob martingale. Each term in the sequence represents our best estimate of the final value of f given the information we have seen so far.

## **Step 2: Introducing Dummy Variables**

We can think of the sequence of conditional expectations in terms of a set of dummy and independent random variables  $X_0$  and  $X_{n+1}$  bracketing the original sequence  $X_{1:n}$ . This helps define the boundary conditions for our sequence  $g_i$ . This allows us to treat the first and last steps of the process (i = 0 and i = n) uniformly with the intermediate steps.

• Without dummy variables: The function  $g_i$  is defined as:

$$g_i(x_{1:i}) = \int_{\mathcal{X}_{i+1:n}} f(x_{1:n}) p(x_{i+1:n}|x_{1:i}) dx_{i+1:n} = \int_{\mathcal{X}_{i+1:n}} f(x_{1:n}) p(x_{i+1:n}) dx_{i+1:n}$$

• After introducing dummy variables:

$$g_i(x_{1:i}) = \int_{\mathcal{X}_{i+1:n+1}} f(x_{1:n}) p(x_{i+1:n+1}|x_{0:i}) dx_{i+1:n+1} = \int_{\mathcal{X}_{i+1:n}} f(x_{1:n}) p(x_{i+1:n}) dx_{i+1:n}$$

Observe that both definitions of  $g_i(x_{1:i})$  are equivalent as  $X_0$  and  $X_{n+1}$  are assumed to be independent.

## Step 3: Fixing $X_i = x_i$

For a fixed set of values  $x_1, \ldots, x_i$ , the function  $g_i$  is the expectation over the remaining random variables  $X_{i+1}, \ldots, X_n$ :

$$g_{i}(X_{1:i-1}, x_{i}) = \int_{\mathcal{X}_{i+1:n}} f(x_{1:i-1}, x_{i}, x_{i+1:n}) p(x_{i+1:n}) dx_{i+1:n}$$

$$= \int_{\mathcal{X}_{i:n}} f(X_{1:i-1}, x_{i}, X_{i+1:n}) p(X_{i:n}) dx_{i:n}$$

$$= \mathbb{E}_{X_{i:n}} [f(X_{1:i-1}, x_{i}, X_{i+1:n})]$$

$$= \mathbb{E}_{i-1} [f(X_{1:i-1}, x_{i}, X_{i+1:n})]$$

Since the variables  $X_1, \ldots, X_n$  are independent,  $p(x_{i+1:n}|x_{1:i}) = p(x_{i+1:n})$ .

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## **Step 4: Defining the Difference Sequence**

We now define a sequence of random variables, called a martingale difference sequence, for i = 1, ..., n:

$$Y_i = g_i(X_{1:i}) - g_{i-1}(X_{1:i-1})$$

This represents the change in expectation upon revealing  $X_i$ . Each  $Y_i$  represents the new information gained by revealing the random variable  $X_i$ . For a fixed realization of  $X_{1:i-1}$ , we also define the bounds for  $Y_i$ :

$$A_{i} = \inf_{x_{i} \in \mathcal{X}_{i}} g_{i}(X_{1:i-1}, x_{i}) - g_{i-1}(X_{1:i-1})$$

$$B_{i} = \sup_{x_{i} \in \mathcal{X}_{i}} g_{i}(X_{1:i-1}, x_{i}) - g_{i-1}(X_{1:i-1})$$

## **Properties of the Difference Sequence**

We now establish several key properties of this sequence  $\{Y_i\}$  which are essential for completing the proof.

(i)  $Y_i \in [A_i, B_i]$ .

*Proof.* For any realization of  $X_{1:i}$ , the value of  $Y_i$  is  $g_i(X_{1:i}) - g_{i-1}(X_{1:i-1})$ . By definition,  $A_i$  and  $B_i$  are the infimum and supremum of this quantity over all possible values of  $X_i$ , holding  $X_{1:i-1}$  fixed. Thus, any realized value of  $Y_i$  must lie within these bounds.

(ii)  $\mathbb{E}[Y_i] = 0$ .

*Proof.* Recall that

$$\mathbb{E}[Y_i] = \mathbb{E}_{i-1}[g_i(X_{1:i})] - \mathbb{E}_{i-1}[g_{i-1}(X_{1:i-1})].$$

Thus, it suffices to show that

$$\mathbb{E}[g_i(X_{1:i}) \mid X_{1:i-1}] = g_{i-1}(X_{1:i-1}),$$

since clearly  $\mathbb{E}[g_{i-1}(X_{1:i-1}) \mid X_{1:i-1}] = g_{i-1}(X_{1:i-1}).$ 

Now, for fixed  $x_{1:i-1}$ , we compute

$$\mathbb{E}[g_{i}(X_{1:i}) \mid X_{1:i-1} = x_{1:i-1}] = \int_{\mathcal{X}_{i}} g_{i}(x_{1:i-1}, x_{i}) p(x_{i}) dx_{i}$$

$$= \int_{\mathcal{X}_{i}} \left( \int_{\mathcal{X}_{i+1:n}} f(x_{1:n}) p(x_{i+1:n}) dx_{i+1:n} \right) p(x_{i}) dx_{i}$$

$$= \int_{\mathcal{X}_{i:n}} f(x_{1:n}) p(x_{i:n}) dx_{i:n}$$

$$= \mathbb{E}[f(X_{1:n}) \mid X_{1:i-1} = x_{1:i-1}]$$

$$= g_{i-1}(x_{1:i-1}).$$

Therefore,  $\mathbb{E}[Y_i|X_{1:i-1}] = \mathbb{E}[g_i(X_{1:i})|X_{1:i-1}] - \mathbb{E}[g_{i-1}(X_{1:i-1})|X_{1:i-1}] = g_{i-1}(X_{1:i-1}) - g_{i-1}(X_{1:i-1}) = 0$ . This property is the formal definition of a martingale difference sequence. It means that, on average, each new piece of information does not systematically shift our expectation up or down.

(iii)  $Y_i$  only depends on  $X_1, \ldots, X_i$ .

*Proof.* By definition,  $g_i$  is a function of  $X_{1:i}$  and  $g_{i-1}$  is a function of  $X_{1:i-1}$ . Therefore, their difference  $Y_i$  can only depend on variables up to and including index i.

(iv)  $\sum_{i=1}^{n} Y_i = f(X_{1:n}) - \mathbb{E}[f(X_{1:n})].$ 

Proof. By definition,

$$\sum_{i=1}^{n} Y_i = \sum_{i=1}^{n} (g_i - g_{i-1}) = \sum_{i=1}^{n} g_i(X_{1:i}) - \sum_{i=1}^{n} g_{i-1}(X_{1:i-1}) = g_n(X_{1:n}) - g_0(X_{1:0})$$

Now note that  $g_n(X_{1:n}) = \mathbb{E}[f(X_{1:n}) \mid \mathcal{F}_n]$ . Since  $f(X_{1:n})$  is  $\mathcal{F}_n$ -measurable, it follows that

$$g_n(X_{1:n}) = f(X_{1:n}).$$

Similarly,  $g_0(X_{1:0}) = \mathbb{E}[f(X_{1:n}) \mid \mathcal{F}_0]$ . Because  $\mathcal{F}_0$  is the trivial  $\sigma$ -algebra, we obtain

$$g_0(X_{1:0}) = \mathbb{E}[f(X_{1:n})].$$

Therefore,

$$\sum_{i=1}^{n} Y_{i} = g_{n}(X_{1:n}) - g_{0}(X_{1:0}) = f(X_{1:n}) - \mathbb{E}[f(X_{1:n})].$$

(v)  $B_i - A_i \leq c_i$ .

*Proof.* From the definitions of  $A_i$  and  $B_i$ :

$$\begin{split} B_i - A_i &= \sup_{x_i} g_i(X_{1:i-1}, x_i) - \inf_{x_i'} g_i(X_{1:i-1}, x_i') \\ &= \sup_{x_i, x_i'} \left( g_i(X_{1:i-1}, x_i) - g_i(X_{1:i-1}, x_i') \right) \\ &= \sup_{x_i, x_i'} \mathbb{E}[f(\dots, x_i, \dots) - f(\dots, x_i', \dots) | X_{1:i-1}] \\ &\leq \mathbb{E}[\sup_{x_i, x_i'} | f(\dots, x_i, \dots) - f(\dots, x_i', \dots) | | X_{1:i-1}] \leq \mathbb{E}[c_i | X_{1:i-1}] = c_i. \end{split}$$

**Main Proof Continuation** 

Let  $S = f(X_{1:n}) - \mathbb{E}[f(X_{1:n})] = \sum_{i=1}^{n} Y_i$ . For any t > 0, we use the bounding technique starting with Markov's inequality:

$$\mathbb{P}(S \ge \epsilon) = \mathbb{P}(e^{tS} \ge e^{t\epsilon}) \le e^{-t\epsilon} \mathbb{E}[e^{tS}] = e^{-t\epsilon} \mathbb{E}\left[\exp\left(t\sum_{i=1}^{n} Y_i\right)\right]$$

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Our goal is to bound the moment-generating function  $\mathbb{E}[e^{tS}]$ . We can do this by iteratively applying the law of total expectation as defined in Property-1. We start by conditioning on  $X_{1:n-1}$ :

$$\mathbb{E}[\exp(t\sum_{i=1}^{n} Y_i)] = \mathbb{E}[\mathbb{E}[\exp(t\sum_{i=1}^{n} Y_i)|X_{1:n-1}]]$$
$$= \mathbb{E}[\exp(t\sum_{i=1}^{n-1} Y_i)\mathbb{E}[e^{tY_n}|X_{1:n-1}]]$$

The inner expectation,  $\mathbb{E}[e^{tY_n}|X_{1:n-1}]$ , can now be bounded. This is the crucial step where the properties of the martingale difference sequence is used. Since we proved that  $\mathbb{E}[Y_n|X_{1:n-1}]=0$  and  $Y_n$  is bounded in an interval of length  $B_n-A_n\leq c_n$ , Hoeffding's Lemma gives  $\mathbb{E}[e^{tY_n}|X_{1:n-1}]\leq \exp(\frac{t^2c_n^2}{8})$ . Substituting this back, we get:

$$\mathbb{E}[\exp(t\sum_{i=1}^{n}Y_i)] \le \mathbb{E}[\exp(t\sum_{i=1}^{n-1}Y_i)]\exp(\frac{t^2c_n^2}{8})$$

We can apply this argument iteratively, conditioning on  $X_{1:n-2}$ , then  $X_{1:n-3}$ , and so on. This process, starting from  $Y_n$  and working backwards to  $Y_1$ , effectively gives off one term at a time, applying the Hoeffding bound at each step. This gives the final bound on the function:

$$\mathbb{E}[\exp(t\sum_{i=1}^{n} Y_i)] \le \exp\left(\frac{t^2 \sum_{i=1}^{n} c_i^2}{8}\right)$$

Plugging this into the Markov inequality expression gives:

$$\mathbb{P}(S \ge \epsilon) \le \exp(-t\epsilon + \frac{t^2 \sum c_i^2}{8})$$

To get the tightest bound, we minimize the right-hand side with respect to t. The minimum occurs at  $t = \frac{4\epsilon}{\sum c_i^2}$ , which gives:

$$\mathbb{P}(S \ge \epsilon) \le \exp\left(-\frac{4\epsilon^2}{\sum c_i^2} + \frac{16\epsilon^2 \sum c_i^2}{8(\sum c_i^2)^2}\right) = \exp\left(-\frac{2\epsilon^2}{\sum_{i=1}^n c_i^2}\right)$$

This concludes the proof.

**Application** Taking  $f(X_1, ..., X_n) = \frac{1}{n} \sum_{i=1}^n X_i$ , where each  $X_i \in [a_i, b_i]$  immediately gives us Hoeffding's inequality. Note that in this case  $c_i = \frac{b_i - a_i}{n}$ .

**Disclaimer:** These notes have not been scrutinized with the level of rigor usually applied to formal publications. Readers should verify the results before use.